

ST. NICHOLAS MONTHLY NEWSLETTER

March 2024

ST. NICHOLAS GREEK
ORTHODOX CHURCH
4967 FOREST PARK AVENUE
ST. LOUIS, MO 63108

ST. NICHOLAS FAMILY LIFE CENTER
12550 S. FORTY DRIVE
ST. LOUIS, MO 63141



Proistamenos: Fr. Douglas Papulis
(314) 974-4613

Parish Priest: Fr. Michael Arbanas
(314) 425-9641









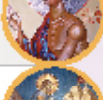



Church/FLC Office: (314) 361-6924

Office Administrator: Lisa Danko
Financial Secretary: Linda Nicozisin

Email: stnicholas@sngoc.org
Website: www.sngoc.org

OUR JOURNEY TO PASCHA! 2024

Created by Fr. Jonathan Bannon (ACROD)

SUNDAYS	THEMES / GOSPEL READING	HOW TO PARTICIPATE:
Fast - Free Week FEBRUARY 25th	 <i>TRIDION WEEKS</i> Publican and the Pharisee Epistle: 2 Timothy 3:10-15 Gospel: Luke 18:10-14	Show compassion on the poor and distressed. Trust in God, not yourself and ask for His help before every task this week.
Normal Fast Week MARCH 3rd	 The Prodigal Son Returns! Epistle: 1 Corinthians 6:12-20 Gospel: Luke 15:11-32	Schedule a Confession. Every morning say, "Today I will be humble." Use up/freeze meats this week.
Meatfare MARCH 10th FAREWELL TO MEAT TODAY	 The Last Judgement Epistle: 1 Corinthians 8:8-9:2 Gospel: Matthew 25:31-46	Pray facing East this week. Christ is returning from the East and we wait for Him! Use up/freeze dairy this week.
Cheesefare MARCH 17th FAREWELL TO CHEESE TODAY	 Adam and Eve are cast from Paradise! FORGIVENESS SUNDAY Epistle: Romans 13:11-14:4 Gospel: Matthew 6:14-21	Ask each other for forgiveness each evening this week before bed.
1st Sunday of Lent MARCH 24th	 <i>GREAT LENT BEGINS WITH FORGIVENESS VESPERS</i> SUNDAY of ORTHODOXY Epistle: Hebrews 11:24-26, 32:12:2 Gospel: John 1:43-51	Bring an icon to church for a procession.
2nd Sunday of Lent MARCH 31st	 ST GREGORY PALAMAS Epistle: Hebrews 1:10-2:3 Gospel: Mark 2:1-12	Bring a prayer rope to be blessed today! Use it and pray the Jesus Prayer each day this week.
3rd Sunday of Lent APRIL 7th	 VERENERATION OF THE HOLY CROSS <i>HALF WAY TO PASCHA!</i> Epistle: Hebrews 4:14-5:6 Gospel: Mark 8:34-9:1	Wear your cross to church and kiss the cross each morning with a bow!
4th Sunday of Lent APRIL 14th	 ST JOHN of the LADDER Epistle: Hebrews 6:13-20 Gospel: Mark 9:17-31	Every time you climb stairs this week ask St. John to help you reach Paradise with the sign of the cross!
5th Sunday of Lent APRIL 21st	 ST MARY of EGYPT Epistle: Hebrews 9:11-14 Gospel: Mark 10:32-45	Ask the Theotokos to offer you and the world pure thoughts and ideas this week.
FLOWERY (PALM) SUNDAY! APRIL 28th GREAT WEEK BEGINS	 <i>GREAT AND HOLY WEEK</i> ENTRY OF OUR LORD INTO JERUSALEM Epistle: Philippians 4:4-9 Gospel: John 12:1-18	Place your palm branches and pussywillows behind an icon at home and in your car!
GREAT AND HOLY FRIDAY MAY 3rd	 GREAT AND HOLY FRIDAY <i>JESUS DIES ON THE CROSS</i> CHECK WITH YOUR PARISH FOR ROYAL HOURS AND VESPERS SCHEDULE	Refrain from TV, Internet & Phones to honor Christ's Death.
FEAST OF FEASTS! MAY 5th NO FASTING!	 <i>BRIGHT WEEK</i> HOLY PASCHA! (CHRIST IS RISEN!) Epistle: Acts 1:1-8 Gospel: John 1:1-17	Greet everyone with "CHRIST IS RISEN!" & say it before good morning and goodnight!

St. Nicholas Servants

2024 PARISH COUNCIL

Carol Kamburis- President
 Helen Carey- Vice President
 Deb Palazzola-Secretary
 George Ellis, DDS-Treasurer
 Christina Stamelos-Assistant Treasurer
 Adonis Chakides
 Niko Georges
 Zac Holt
 Marilyn Jemas
 William Mastorakos, DDS, MS
 Jim Rigas
 Chris Sarantakis
 Jim Sorbello
 Kyle Thompson
 Paul Xenakis

AUDIT COMMITTEE

Mark Vleisides, Chairperson 314-576-2898

CEMETERY COMMITTEE

Bill Karides, Chairperson 314-422-1968
 Tina Paradowski

DANCE TROUPE

Demi Holt

ELECTION COMMITTEE

Mark Vleisides, Chairperson
 Liz Glynnias
 Paul Leara
 Pat Lekich
 Demmie Nicozisin

FINANCE COMMITTEE

Dan Tarlas, Chairperson 314-713-5500

GREETERS COMMITTEE

Lyndia Finer, Chairperson 314-960-3384

LIBRARY COMMITTEE

Elaine Coulson, Chair-sgnoclibrary@gmail.com

“THE NEXT 100”

Dan Tarlas, Chairperson 314-713-5500

ORTHODOX YOUNG ADULTS

Gracie Livaditis 314-616-9557

PHILOTOCHOS

Christina Ginos, President 314-504-6988

PHYSICAL FACILITIES - CHURCH

Dino Pappas, Chairperson 314-707-8118
 Jonathan Hartley
 Tony Sorocko

PHYSICAL FACILITIES – FLC

Nick Tharenos, Chairperson 314-576-7011
 Jonathan Hartley
 Tony Sorocko

PLANNED GIVING COMMITTEE

Christina Anastas 314-647-4636
 Basil Pappas 314-368-6026
 Leon Spanos 314-966-5176
 Chris Varvares 314-374-3647

PRISON MINISTRY

Clark Porter, Director 314-518-6747

SCHOLARSHIP COMMITTEE

Peter Takes, Chairperson 314-503-0358
 Amanuel Habtu
 Deb Palazzola
 Alexia Georges

STEWARDSHIP COMMITTEE

Fr. Doug Papulis
 Fr. Michael Arbanas
 Mary Ann Mastorakos, Chairperson
 George Ellis, DDS
 Teddy Hart
 Rosie Hartley
 Marilyn Jemas
 Christina Stamelos

CHURCH SCHOOL Director

Lexie Dendrinellis- sgnocchurchschool@gmail.com

WEBSITE

Christina Stamelos 314-402-4996



Please mark your calendar for the
Parish General Assembly Meeting

Sunday, March 10, 2024
St. Nicholas Church
 (following Divine Liturgy)

We need your participation.
YOU are the
St. Nicholas Family!

AHEPA Scholarship Foundation

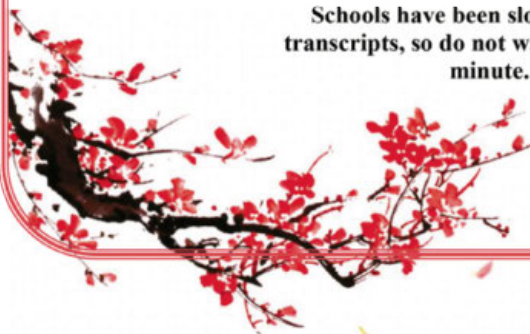
The St. Louis AHEPA Scholarship Foundation, as of February 1, is now accepting applications for the 2024 Scholarship Awards.

* Please email Basil Pappas (bdpappas@yahoo.com) for an application.

* Note: the application and all related data must be in the hands of the Foundation no later than **April 15, 2024**. *There is no exception to this rule.

Please note:

Schools have been slow to provide transcripts, so do not wait until the last minute.



St. Nicholas Scholarship

The St. Nicholas Scholarship Committee is currently accepting applications for 2024

- Up to 5 recipients will be selected from qualified applicants for scholarships up to \$4,500
- Applicants must be graduating high school seniors or current college students presently attending or intending to attend 2-yr, 4-yr or graduate-level college program in anticipation of a degree.
- All applications, in their entirety, must be received in the Family Life Center Office online or by US Mail no later than:

5:00 pm CDT, Wednesday, May 15, 2024

Late Applications will NOT be accepted for consideration

Any questions may be directed to the church office during normal business hours at ldanko@sngoc.org or 314.361.6924



President's Message

March 2024

Dear St. Nicholas Parish Family,

“Have no anxiety about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which passes all understanding, will keep your hearts and your minds in Jesus Christ.”

-St. Paul's letter to the Philippians

As we begin our journey through Lent, let us turn to our Church, our spiritual home, to help us grow in faith through fasting, prayer and almsgiving. Please refer to the complete list of Lenten services in this newsletter for opportunities to worship together with your parish family, as we prepare our heart for the great feast of the Resurrection.

Thanks to Mary Ann Mastorakos and the Stewardship Committee for their continuous efforts to raise awareness and grow Stewardship. The budget goal for stewardship set by the Parish Council for 2024 is \$860,000. As of mid-February 2024, 264 stewards have pledged \$540,000. At this time last year, we had 310 stewards who had pledged \$610,000. If you have not yet pledged for 2024, please consider completing your 2024 Pledge Form as soon as possible.

The Friday Fish Frys are in full swing at the Family Life Center. Special thanks to Helen Carey & Deb Palazzola, along with their committee, for planning and executing this significant fundraiser. The Fish Frys are a lot of work – please help by volunteering, attending and spreading the word to family and friends. Please refer to the flyer in the newsletter and weekly e-blasts for more details.

The Festival Steering Committee has made significant progress in the planning of the Taste of the Greek Festival in July and the Labor Day Weekend Greek Festival. Look for volunteer opportunities starting this month with baking and prep. It takes all of us coming together to host the best ethnic festival in the area. If you have any questions, please feel free to contact me any time.

May God continue to Bless our wonderful St. Nicholas Family!

Best regards,

Carol Kamburis
Parish Council President



PHILOPTOCHOS CORNER – MARCH 2024

Membership Mimosa Brunch – We held our annual Membership Mimosa Brunch/General Meeting on Saturday, January 27th at the Family Life Center. A warm welcome to our new St. Nicholas Philoptochos members! With over 55 ladies in attendance – we kicked off the New Year with enthusiasm to continue our mission of helping those in need. There was an opportunity to learn more about The Scholarship Foundation of St. Louis, one of our charity spotlights. The Scholarship Foundation of St. Louis, a nonprofit organization founded in 1920, is based upon the conviction that an educated society is essential to a healthy democracy. The Scholarship Foundation provides access to postsecondary education to members of our community who otherwise would not have the financial means to fulfill their educational goals.



Godparent/Godchild Sunday: February 4th – We celebrated the Divine Liturgy, and reaffirmed the commitment that was made at baptism with our Godchildren and Godparents. Thank you to Helen Carey & Sandra Kamburis for delivering delicious cookies from Bello’s Bakery to all the Sunday school children and teachers.

GK Pre-Lenten Luncheon Sale: February 4th – Thank you to the Philoptochos Board for planning another successful luncheon/bake sale. We appreciate all of the delicious homemade goodies donated by our members. All proceeds benefited the ministries of St. Nicholas Philoptochos.

First Day of Lent/Clean Monday: March 18th - We invite you to celebrate the beginning of the Lenten season at our annual Clean Monday Lenten Luncheon immediately following the Compline Service at the Family Life Center.

Palm Sunday Brunch: April 28th - Philoptochos is looking forward to hosting our Annual Palm Sunday Brunch. Please join us, with your family and friends, for a delicious brunch: Sautéed Lemon Fsh, Gourmet Omelets, Poached Salmon, Assorted Pastries, Mimosas, and more. A special buffet is planned for the children. Please make your reservations as soon as possible as all reservations must be made in advance! See the enclosed flyer for more details.

Grecian Kitchen Spring Order Form – Treat your family and friends to home-made Grecian specialties for the Easter Holiday and summer! We are offering Koulouria, Baklava, Spanakopita, Tsoureki, Pastitsio, and more! Remember we sell our specialties year-round. Please fill out the order form in this month’s newsletter and mail to Dianne Zotos, 1213 Hillcrest Field Drive, Chesterfield, MO 63005.



Calendar of Events:

- 3/18 – Clean Monday Lenten Luncheon (FLC)
- 3/24 – Sunday of Orthodoxy (St. Nicholas)
- 3/30 – General Meeting (FLC)
- 4/03 – Pre-Sanctified Dinner (FLC)
- 4/28 – Palm Sunday Brunch (St. Nicholas)



FISH FRY

Greek Style

Fridays: February 23, March 1, March 8

4:00pm - 7:00pm



St. Nicholas Family Life Center

12550 S. Forty Drive, St. Louis, MO 63141

On The Menu:

Fried & Baked Fish, Spanakopita,
Greek Mac-n-Cheese, Dessert and more!

Open to the Public - Free Parking - Free Admission - Come join us!

St. Nicholas Philoptochos Society
Palm Sunday Brunch
April 28, 2024
Immediately following Divine Liturgy

Traditional Palm Sunday Buffet

- Sautéed Lemon Fish*
- Skordalia*
- Grecian-Style Potatoes*
- Mixed Green Salad*
- Green Beans Almondine*
- Bread*

Gourmet Omelet Buffet

- Made to order omelets including feta cheese, cheddar cheese, onions, mushrooms, green peppers, and tomatoes*
- Chilled Poached Salmon with dill sauce*
- Spring Asparagus with lemon butter sauce*
- Breakfast Pastries and Croissants*
- Fresh Fruit*

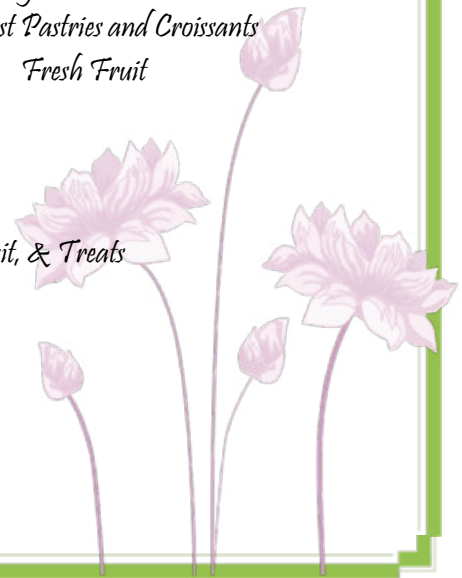
Children's Buffet

- Scrambled Eggs, French Toast Sticks, Fresh Fruit, & Treats*
- Orange Juice & Milk*

Mimosas

Dessert

Coffee Bar



Advanced Reservations Required

Traditional Palm Sunday Buffet	_____	@ \$35 per person
Gourmet Omelet Buffet	_____	@ \$35 per person
Children's Buffet	_____	@ \$12 per child (12 and under)
	\$ _____	Total

NAME: _____

**Please mail completed form with check payable to: St. Nicholas Philoptochos
c/o Sandra Kamburis, 1211 Bedford Falls Ct, Ballwin, MO 63021**

All reservations must be made in advance by **Monday, April 22nd, No walk-ins**. Please list on the back of this stub who you wish to be seated with and we will do our best to accommodate. Advanced pre-paid reservation tickets can be picked up on Sundays starting April 7.

If you have any questions, please contact Sandra at skamburis@hotmail.com or 314.952.9958

ST. NICHOLAS EASTER LAMB ROAST

May 5, 2024

1:00 pm

St. Nicholas Family Life Center

following AGAPE Service at Family Life Center

Adults \$35

Children 12 & under \$12

Traditional Easter Feast

Special menu, treats & Easter egg hunt for the children

(please bring your own baskets)

Reservations must be made in advance, no walk-ins

Please complete form below & send with check payable to:

St. Nicholas Greek Orthodox Church

c/o Lauren Murphy Rowe

623 Claymont Estates Drive

Chesterfield, MO 63017

636.675.1606

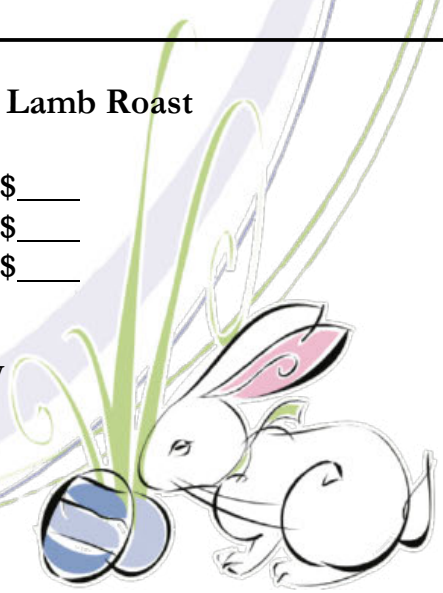
Please reserve the following for the St. Nicholas Easter Lamb Roast

___ Adult(s) at \$35 each	\$ ___
___ Children 12 & under at \$12 each	\$ ___
___ Total guests	Total \$ ___

Please seat me with the _____ party

Name: _____

Phone: _____





Dear St. Nicholas Family & Friends

We are gearing up for our Annual Labor Day Festival and Taste of the Festival in July. We need your continued support with volunteering your services, even if its only for an hour or two. Last year we had a great response from our young adults – many thanks for their help! We hope you can join us again in continuing to learn the skills of our parents and grandparents.

Please feel free to contact a member of the Festival Food Team with questions regarding the schedule.

Thanks,
Chris Anastas, Teddy Hart, Peggy Pierroutsakos & Dianne Zotos
Festival Food Team

March –

- Friday, March 22 at 9:00 a.m. – St. Nicholas – Crumble Feta & Walnuts
- Tuesday, March 26 at 8:00 a.m. – St. Nicholas – Spanakopita Assembly

April –

- Monday, April 8 at 8:00 a.m. – St. Nicholas – Koulouria for Philoptochos Ministries
- Friday, April 12 at 8:00 a.m. – St. Nicholas – Tsoureki for Easter
- Monday, April 29 at 9:30 a.m. – St. Nicholas – Easter Eggs

May –

- Monday, May 13 at 8:00 a.m. – St. Nicholas – Spanakopita Assembly
- Monday, May 20 at 8:00 a.m. – St. Nicholas – Galaktoboureko, Baklava Sundaes & Leftover Spanakopita Assembly





St. Nicholas Philoptochos Society
Grecian Kitchen/Spring Sale

Treat your Family & Friends to Home-made
Grecian Specialties for Easter!

To Place Your Order...

MAIL THE COMPLETED ORDER FORM BELOW WITH CHECK PAYABLE TO: ST. NICHOLAS PHILOPTOCHOS
C/O DIANNE ZOTOS, 1 238 HILLCREST FIELD DR, CHESTERFIELD, MO 63005 OR CALL 636.541.0708

Pick-up Date...April 26th (11:00 am – 3:00 pm)

ST. NICHOLAS FAMILY LIFE CENTER, 1 2550 SOUTH FORTY DRIVE, ST. LOUIS, MO 63141
(IF YOU ARE NOT AVAILABLE TO PICK UP ON APRIL 26TH, PLEASE NOTIFY DIANNE 636.541.0708)

Items...

Pastitsio.....\$50 (HALF PAN)
GROUND BEEF, PASTA, & BECHAMEL CASSEROLE (READY TO BAKE)

Spanakopita \$25 (12PC PAN)
SAVORY SPINACH & CHEESE PIE (READY TO BAKE)

Baklava \$30 (24PC PAN)
GREEK FAVORITE (READY TO BAKE)

Koulouria.....\$10 PER DOZEN
BRAIDED BUTTER COOKIES

Tsoureki..... \$25
TRADITIONAL BRAIDED EASTER SWEET BREAD

“Hellenic Cuisine” Cookbook.....\$25

“OPA” Salad Dressing..... \$5

.....

Mail-in order form

NAME _____

ADDRESS _____

CITY STATE ZIP _____

PHONE _____

EMAIL _____

ITEM	UNIT PRICE	QUANTITY	TOTAL \$
PASTITSIO (HALF PAN)	\$50		
SPANAKOPITA (HALF PAN)	\$25		
BAKLAVA (HALF PAN)	\$30		
KOULOURLIA (DOZEN)	\$10		
TSOUREKI	\$25		
COOKBOOK	\$25		
OPA SALAD DRESSING	\$5		
		TOTAL	\$

MAIL COMPLETED FORM & CHECK PAYABLE TO: ST. NICHOLAS PHILOPTOCHOS
C/O DIANNE ZOTOS, 1 238 HILLCREST FIELD DR, CHESTERFIELD, MO 63005

2024 Lent and Holy Week Services

- Saturday, March 9: 9:00 am Saturday of Souls Divine Liturgy at Family Life Center
- Saturday, March 16: 9:30 am Saturday of Souls Divine Liturgy at Family Life Center
- Sunday, March 17: Forgiveness Sunday – 8:15 am Orthros & 9:30 am Divine Liturgy at Church; 6 pm Forgiveness Vespers at Family Life Center
- Monday, March 18: First Day of Lent (Clean Monday) – 11 am Compline Service at Family Life Center, Lenten luncheon to follow.
- Wednesday, March 20: 6 pm Pre-Sanctified Liturgy at Family Life Center, Dinner to follow (Parish Council)
- Friday, March 22: 7 pm Salutations Service at Family Life Center
- Saturday, March 23: 9:30 am Saturday of Souls Divine Liturgy at Family Life Center
- Sunday, March 24: Sunday of Orthodoxy – 8:15 am Orthros & 9:30 am Divine Liturgy at Church, 5 pm Vespers at Church, Dinner to follow.
- Monday, March 25: Annunciation of the Theotokos – 9:30 am Divine Liturgy at Family Life Center
- Wednesday, March 27: 6 pm Pre-Sanctified Liturgy at Family Life Center, Dinner to follow (St. Nicholas Dancers)
- Friday, March 29: 7 pm Salutations Service at Family Life Center
- Sunday, March 31: St. Gregory Palamas – 8:15 am Orthros & 9:30 am Divine Liturgy at Church
- Wednesday, April 3: 6 pm Pre-Sanctified Liturgy at Family Life Center, Dinner to follow (St. Nicholas Philoptochos)
- Friday, April 5: 7 pm Salutations Service at Family Life Center
- Sunday, April 7: Sunday of the Holy Cross – 8:15 am Orthros & 9:30 am Divine Liturgy at Church
- Wednesday, April 10: 6 pm Pre-Sanctified Liturgy at Family Life Center, Dinner to follow (Men's Fellowship)
- Friday, April 12: 7 pm Salutations Service at Family Life Center
- Sunday, April 14: Sunday of St. John Climacus - 8:15 am Orthros & 9:30 am Divine Liturgy at Church
- Wednesday, April 17: 6 pm Pre-Sanctified Liturgy at Family Life Center, Dinner to follow (Youth)
- Friday, April 19: 6:30 pm Akathist Service at Family Life Center
- Sunday, April 21: Sunday of St. Mary of Egypt - 8:15 am Orthros & 9:30 am Divine Liturgy
- Saturday, April 27: Saturday of Lazarus – 9:30 am Divine Liturgy at Church
- Sunday, April 28: Palm Sunday – 8:15 am Orthros & 9:30 am Divine Liturgy at Church. Palm Sunday Brunch to follow; 7 pm Bridegroom Service at Family Life Center
- Monday, April 29: Holy Monday – 7 pm Bridegroom Service at Family Life Center
- Tuesday, April 30: Holy Tuesday – 7 pm Bridegroom Service at Family Life Center
- Wednesday, May 1: Holy Wednesday – 1:30 pm Holy Unction (Sacrament of Healing – with Anointing) at Family Life Center; 7 pm Holy Unction (Anointing following) at Church
- Thursday, May 2: Holy Thursday – 9:30 am Divine Liturgy at Family Life Center. 6:30 pm Service of the 12 Passion Gospels at Church
- Friday, May 3: Good Friday – 10 am The Royal Hours at Church; 1:30 pm The Descent from the Cross at Church; 7 pm The Lamentations at Church
- Saturday, May 4: Holy Saturday – 9:30 am Divine Liturgy at Church; 11 pm Canon of the Resurrection at Church
- Sunday, May 5: Pascha – Midnight Resurrection Service & Liturgy at Church, Resurrection Meal to follow, Noon Agape Service at Family Life Center, Easter Lamb Roast to follow at the Family Life Center

2024 Lent and Holy Week Donations

Jonquils for Sunday of the Cross- *Jim and Teddy Hart in Memory of Mary Varvares*

Palm Tree Plants for Palm Sunday-

Palm Sunday Bay Leaves-

Palm Sunday Crosses--

Palm Sunday Icon Flower Arrangement-

Lilies for Epitaphion-

Hydrangeas for Holy Week and Easter-

Hertismoï (Friday night) Candles-*Sophia Chronopoulos and Family*

in memory of Christos and Nota Chronopoulos



Levane-Incense-

Palm Sunday Greenery-

Altar Candles for Holy Week Services:

Palm Sunday- *Sophia Chronopoulos & Family*

Holy Monday-*Sophia Chronopoulos & Family*

Holy Tuesday-*Sophia Chronopoulos & Family*

Holy Wednesday-*Sophia Chronopoulos & Family*

Holy Thursday-*Sophia Chronopoulos & Family*

Good Friday- *Sophia Chronopoulos & Family*

Holy Saturday-*Sophia Chronopoulos & Family*



Flowers for the Icon of the Bridegroom (Nymphios)-

Cotton Balls, Flour & Olive Oil for Holy Wednesday Holy Unction--*The Kamburis Family*

in memory of Tharinos and Kyriaki Patakas

Holy Thursday Icon Flower Arrangement for Divine Liturgy-

Holy Thursday Icon Flower Arrangement for Service for 12 Passion Gospels-

Holy Thursday 12 Gospel Candles- *Mary Jane Thomas in memory of the Siromas family*

Holy Thursday Service Wreath-

Holy Thursday Service Candles for Cross-

Good Friday Sheet for Body of Christ-

Good Friday Icon Flower Arrangement for Royal Hours-

Good Friday Icon Flower Arrangement for The Descent from the Cross-

Good Friday Icon Flower Arrangement for The Lamentations (Epitaphion)-

Good Friday Epitaphion Candles (four)-

Good Friday Epitaphion Candles (four)-

Good Friday White Carnations-

Anthohero (Rosewater)-*Rosie Hartley in memory of her parents*

Holy Saturday Icon Flower Arrangement for Divine Liturgy -

Holy Saturday Resurrection Candles for Priests (one candle)-*Bill, Linda & Katerina Nicozisin*

in memory of Frank & Rose Zirbas and Gus Nicozisin

Holy Saturday Resurrection Candles for Priests (one candle)-*Bill, Linda & Katerina Nicozisin*

in memory of Frank & Rose Zirbas and Gus Nicozisin

Holy Saturday Icon Flower Arrangement for Resurrection Service-

Holy Saturday Floral Cross for Resurrection Service-

Holy Saturday Resurrection Banner-*Mary Jane Thomas*

Agape Service Icon Flower Arrangement-

Olive Oil (for votive lights)-*The Kamburis Family*

Twelve Palm Tree Plants-

Resurrection Meal Donations-

Easter Eggs-

Additional Donations-





From the Church School Director's Desk

Hello St. Nicholas Family,

Happy Spring, almost! Our Church School has been thriving with over 50 in attendance on most Sundays. We've had a lot of attendance award shopping trips!

As we move into the Lenten time of the year, please keep bringing your children. The teachers have fun, unique ways to connect the importance of Lent at all ages. The younger grades will walk in the Sunday of Orthodoxy procession, 4th-12th grades will have special time set aside for confessions and service projects will begin.

Here are the calendar reminders for the month:

- March 3 - GOYA meeting at FLC
- March 10th - Meatfare Sunday & Jr. GOYA @ Main Event
- March 17th - Forgiveness (Cheesefare) & Mission Sunday
OCMC Coin Boxes will be sent home
- March 24th - Sunday of Orthodoxy
- March 25th - Greek Independence Day

Also, looking ahead into April we will hold the Youth Leadership Sunday and the Oratorical Festival on the same Sunday this year- April 14th. More to come here and via parent emails but please plan to have your children attend on this day.

Thank you all for your continued support!

Sincerely,

Lexie Dendrinelis
Church School Director



Couples Retreat

All couples, young and seasoned, please join us for an Orthodox marriage retreat. The couples retreat will feature video clips, couples' exercises, wisdom from Church Saints on the purpose/goal of marriage - all in an interactive and joyful setting! Whether you're engaged, newlyweds or celebrating decades of marriage, join us as we come together to deepen our strength in marriage through our Faith.



Date: Saturday, March 9, 2024

Time: 10 am - 2 pm

Place: Family Life Center

Scan to register



Guest Speaker:

Fr. Alexander Goussetis

Director, Center for Family Care

Greek Orthodox Archdiocese

Published Author and Podcast Host

Lunch will be served;
the cost is \$50 per couple.

Please contact your church office for further assistance 314.361.6924 - ldanko@engoo.org



St. Nicholas Vacation Bible School

We Magnify You!

Mary helps us come closer to God

July 29-August 2, 2024 - 9 am to Noon

St. Nicholas Family Life Center

12550 South Forty Drive

St. Louis, MO 63141

\$25 Fee - Questions? Call your church office 314.361.6924

Orthodox Young Adults

Please join us for an Orthodox Young Adults (for ages after college-30's) night of fellowship, discussion and faith on **Tuesday, March 12 at 7 pm via Zoom.**

We will be meeting via Zoom on the second Tuesday of every month.

For the Zoom link and for any questions, please contact: **Gracie Livaditis at glivaditis251@gmail.com**

Everyone is welcome!



The Women's Faith Group meets monthly (excluding July and August) to learn about the Orthodox Christian Faith and how to live the Faith throughout one's life. Scripture and various books authored by Orthodox Christians are read and discussed for enrichment, enlightenment, and encouragement to live a Christ-like life. "being transformed from glory to glory" (2 Corinthians 3:18).

Please join us 10 am Tuesdays, March 5 and 10, 2024 at the Family Life Center

Just a REMINDER:
You must fill out a new Stewardship Pledge Form EVERY Year. You may get a form by contacting your church office 314.361.6924

Also, It's quick and easy online at >sngoc.org >GIVING >2024 Pledge Form



Well done good & faithful servant
Matthew 23:23

GOYA SkiRetreat



MEMORIAL DONATIONS

CHURCH FUND

In Memory of Mary Vlahoplus

Gloria and Vernon Anderson, Jr
Steven Beckham
Katherine and Ken Simmons
John and Dawn Stathakis
Mary Beth and Allen Soffer

In Memory of Andrew Papay, PhD

Bernie and Francine Gallo
Maria Sakellariou & Scott Thompson
Leon and Johanna Spanos
Denise Wallace and Lori Ehrett

In Memory of Dino Benos

Leon and Johanna Spanos
Lexie Walters

In Memory of Georgia Prstojevich

Steven and Jennifer Prstojevich

THE NEXT 100

In Memory of Andrew Papay, PhD

Rozann Heiningler
Antoninette Wilcox

In Memory of Mary Vlahoplus

Alexus Vlahoplus Maloney

FAMILY LIFE CENTER

In Memory of Andrew Papay, PhD

Paul and Helen Leara

ST NICHOLAS SUNDAY SCHOOL

In Memory of

Christos and Tomai Karakasis

Michael and Vickie Tsiaklides



PRAYER DONATIONS

HEALING PRAYERS

For Maria Natsis Mullen

Kathy Livaditis



PARISH LIFE

MEMORIALS

- | | |
|---|--|
| † 1 year memorial for Georgia Prstojevich | † 24 year memorial Robert Burch |
| † 1 year memorial for Mary Efthim | † 29 year memorial Leonides Efthim |
| † 4 year memorial for Maria Psaris | † 30 year memorial Michael Paul Efthim |
| † 3 year memorial for Lula Mezines | † 32 year memorial Infant Joseph Burch |
| † 5 year memorial for Pete Mezines | † 33 year memorial Van Efthim |
| † 10 year memorial John "Nick" Chiapel | † 40 year memorial Despina Chiapel |
| † 11 year memorial Mabel Efthim | † 50 year memorial John Chiapel |
| † 17 year memorial Margaret "Bea" Chiapel | † 61 Year memorial Pandeli Efthim |
| † 22 year memorial Andrew Efthim | † 70 year memorial Maria Efthim |
| † 22 year memorial Christine Burch | |

CHRISMATIONS

Madeleine Ruth Wolf was Chrismated on February 11. Her Sponsor is Mimi Davis. Congratulations!

40 DAY BLESSINGS

Jane Arena, daughter of Allison and Jonathan Antonakis was Blessed and Churched on February 11. Congratulations!

BAPTISM

Oliver Joseph, son of Zachary and Demitra Bohr was baptized on February 4. His Godmother is Olivia Botonis. Congratulations!



Dear St. Nicholas Parish Family,

In an effort to communicate the status of our loan for the St. Nicholas Family Life Center & renovations to St. Nicholas Church, below is a condensed timeline to recap the past 20 years.

1999: Purchased 10 acres in Town & Country for \$2,500,000

2003: Retired the land loan for a total of \$3,200,000

2010: First St. Nicholas Capital Campaign raised \$4,000,000 in pledges and construction began on the St. Nicholas Family Life Center as well as the renovations at St. Nicholas at Forest Park

Total cost to complete construction of the St. Nicholas Family Life Center and major renovations to St. Nicholas Church on Forest Park of \$8,500,000

2012: Signed loan documents for \$5,855,024

2015: Refinanced to a lower 3% interest municipal bond loan of \$5,273,184

2020: Extended our current municipal bond loan for 5 years at the same 3% interest rate and continuing the same amortization schedule

2024: As of February 1, our current loan amount is \$1,245,860.73 Our monthly mortgage payment is \$25,500

We have made significant strides towards paying off our debt. Thank you for your continued love and dedication to our Parish.

Sincerely,

Carol Kamburis, President

Ways to Give: Donate Appreciated Securities


Please consider appreciated securities and mutual funds that have been held more than one year as a way to support our beloved St. Nicholas Church. Donating securities or mutual funds offers you the chance to support our work while realizing important benefits for yourself.

When you donate appreciated securities or mutual funds you have held more than one year to us in support of our missions, you can reduce or even **eliminate federal capital gains taxes on the transfer**. You may also be entitled to a **federal income tax charitable deduction** based on the fair market value of the securities at the time of the transfer.



If you have questions or would like to donate appreciated securities or mutual funds, please contact the church office. We also recommend that you consult your Financial/Tax Advisors for additional information.

March 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					 4 PM FISH FRY Family Life Center	2 10:30 am Adult Choir Practice Family Life Center
3 <i>Sunday of the Prodigal Son</i> 8:15 Orthros & 9:30 am Divine Liturgy at Church Sunday School Fellowship Coffee Hour 5 pm GOYA at FLC	4	5 10 am Women's Faith Group Family Life Center	6 7 am Men's Fellowship Family Life Center/Zoom	7 10 am Kafenio Family Life Center	8	9 <i>Saturday of the Souls</i> 9 am Divine Liturgy Family Life Center 10 am Couple's Retreat FLC 10:30 am Adult Choir Practice Family Life Center
10 <i>Judgement Sunday</i> 8:15 Orthros & 9:30 am Divine Liturgy at Church Sunday School Fellowship Coffee Hour Luncheon/Bake sale to benefit St. Nicholas Prison Ministry 5 pm Jr. GOYA-Main Event	11	12 7 pm Orthodox Young Adults via Zoom	13 7 am Men's Fellowship Family Life Center/Zoom	14	15	16 <i>Saturday of the Souls</i> 9:30 am Divine Liturgy Family Life Center Chapel 10:30 am Adult Choir Practice Family Life Center
17 <i>Forgiveness Sunday</i> 8:15 Orthros & 9:30 am Divine Liturgy at Church Sunday School Fellowship Coffee Hour <i>Forgiveness Vespers</i> 6 pm Family Life Center Chapel	18 <i>First Day of Lent</i> 11 am Compline Service Family Life Center Clean Monday Lenten Luncheon to follow	19 10 am Women's Faith Group Family Life Center	20 7 am Men's Fellowship Family Life Center/Zoom- <i>Presanctified Liturgy</i> 6 pm Divine Liturgy Family Life Center Chapel Dinner to follow Hosted by Parish Council	21	22 <i>Salutations Service</i> 7 pm Family Life Center Chapel	23 <i>Saturday of the Souls</i> 9:30 am Divine Liturgy Family Life Center Chapel 10:30 am Adult Choir Practice Family Life Center
24 <i>Sunday of Orthodoxy</i> 8:15 Orthros & 9:30 am Divine Liturgy at Church Sunday School Fellowship Coffee Hour <i>Sunday of Orthodoxy Vespers</i> 5 pm St. Nicholas Church Dinner to Follow	25 <i>Annunciation of the Theotokos</i> 9:30 am Divine Liturgy Family Life Center Chapel	26 8 am Spano Assembly Church	27 7 am Men's Fellowship Family Life Center/Zoom <i>Presanctified Liturgy</i> 6 pm Divine Liturgy Family Life Center Chapel Dinner to follow Hosted by St. Nicholas Dancers	28	29 <i>Salutations Service</i> 7 pm Family Life Center Chapel	30 10 am Philoptochos General Meeting Family Life Center 10:30 am Adult Choir Practice Family Life Center
31 <i>Sunday of St. Gregory Palamos</i> 8:15 Orthros & 9:30 am Divine Liturgy at Church Sunday School Fellowship Coffee Hour						

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