



St. Nicholas Family Connection

October 2025



St. Demetrios

*Khouria Destinie
Ascetic Life of Motherhood*

St. Demetrios was born to pious Christian parents in Thessaloniki in 270 during a time when it was illegal to be a Christian. As the Saint grew up, he started to share his love of Christ with others. When he was old enough, he joined the Roman Imperial Army and soon became an officer and ruled in Thessaloniki. He was a humble, wise, and pure ruler and remained a Christian in secret.

An officer of the army who was jealous of St. Demetrios told the Emperor that Demetrios was a Christian. The Emperor asked St. Demetrios if this was true, and St. Demetrios replied, "It is true." He was

thrown into prison by the angry Emperor. He prayed to Christ to not let him turn against the faith while he was weak and lonely in prison and he continued to tell others about Christ. St. Demetrios was sentenced to death. Guards came to him in the dungeon and pierced his side with lances, just as Christ was pierced with a lance. The body of St. Demetrios was taken by the Christians. To this day, his relics emit fragrant myrrh, which is why he is called "the myrrh-streamer."

The next time you are at church, look for his icon. He's usually depicted in icons on a red horse.



Lord I have Cried (Tone 4)

*O Lord, I have cried out unto Thee,
hear me;
hear me, O Lord.*

*O Lord, I have cried out unto Thee,
hear me.*

*Give ear to the voice of my supplication
when I cry out unto Thee:
hear me, O Lord.*

*Let my prayer be set forth before
Thee as the incense,
and the lifting up of my hands
as the evening sacrifice;
hear me, O Lord.*



Family Corner



Strengthen your family bond by planning a special trip to a pumpkin patch this month! Enjoy a corn maze, pumpkin carving, and a nice warm cup of hot cider with your family. Pray together and give thanks to God for all your many blessings.

Upcoming Events:

- October 1 7:00 pm The Orthodox Faith: A Way of Life at Church
- October 3 9:30 am The Divine Liturgy -St. Dionysios at Family Life Center Chapel
- October 4 10:00 am Blessing of the Animals at FLC
- October 8 7:00 pm The Orthodox Faith: A Way of Life Zoom Meeting
- October 12 4:45 pm Jr. GOYA at Game Show Battle Room
- October 12 Ministry Fair following the Divine Liturgy
- October 12 Stewardship Appreciation Sunday
- October 15 7:00 pm The Orthodox Faith: A Way of Life Zoom Meeting
- October 17 Parish Election Applications Due
- October 18 Trunk or Treat at FLC
- October 19 Election Seminar following the Divine Liturgy at Church
- October 21 7:00 pm Election Seminar at FLC
- October 22 7:00 pm The Orthodox Faith: A Way of Life Zoom Meeting
- October 26 Name Day Celebration following The Divine Liturgy at Church
- October 29 7:00 pm The Orthodox Faith: A Way of Life Zoom Meeting

Check out Upcoming Events on your St. Nicholas Website at:
<https://www.sngoc.org/projects>



Prayer for Memorization

Remember O Lord those who have fallen asleep in the hope of the resurrection unto life eternal, especially (names);

Pardon all their transgressions both voluntary and involuntary.

Grant them thy heavenly kingdom and a portion in thine ineffable and eternal blessings and the enjoyment of thine unending life.



Protection of the Theotokos

It is good to have an icon of the Theotokos in each room. On October 1, we commemorate the protection of the Theotokos, so if your child does not have an icon of her in his/her room, this month, create one together by coloring, painting or just using simple supplies you may have on hand!