

# ST. NICHOLAS MONTHLY NEWSLETTER

May 2023

ST. NICHOLAS GREEK  
ORTHODOX CHURCH  
4967 FOREST PARK AVENUE  
ST. LOUIS, MO 63108

ST. NICHOLAS FAMILY LIFE CENTER  
12550 S. FORTY DRIVE  
ST. LOUIS, MO 63141



Proistamenos: Fr. Douglas Papulis  
(314) 974-4613

Parish Priest: Fr. Michael Arbanas  
(314) 425-9641

Church/FLC Office: (314) 361-6924

Office Administrator: Lisa Danko  
Financial Secretary: Linda Nicozisin

Email: [stnicholas@sngoc.org](mailto:stnicholas@sngoc.org)  
Website: [www.sngoc.org](http://www.sngoc.org)

## CHRIST IS RISEN! GREAT LENT, HOLY WEEK AND EASTER

Many thanks to you, the wonderful parishioners of St. Nicholas, for your great generosity, as well as your dedication and hard work. Your donation of time, talent, and treasure have once again adorned our Church for Lent, Holy Week, and Easter. The sanctuary, filled with people and their lit candles, was truly uplifting and beautiful!

Thanks to: all the organizations that hosted the Lenten Meals after the Wednesday night Pre-Sanctified Liturgies (Parish Council, Philoptochos, Greek Dancers, Men's Fellowship and the St. Nicholas Youth Groups); Teddy Hart and her committee that made the Palm Crosses for Palm Sunday (Mary Angelides, Maria Cutsoukos, Georgia & George James, Frances & John James, Becky Liringis, Maureen Mezines, Tina & Chris Paradowski, Peggy Pierroutsakos, George Pliakos, Penny Tschlis, Mary Vidakis); special thanks to Stacy English for making the beautiful Palm Donkeys; Christina Ginos, Philoptochos President, and the entire Philoptochos Board for the wonderful Palm Sunday Brunch, chaired by Chris Anastas, Christina Ginos and Carol Kamburis; Pres. Caroline Arbanas, Vanessa Antoniou and the Sunday School children who decorated the Church for Palm Sunday; Holy Monday, the Egg Dyeing Committee (Maria & Michael Kamburis, Georgia & Michael Ferretti, Mary Anne & John Koch, Teresa & Pete Stavrides, Pat Lekich, Georgia Eckert and Dianne Zotos) dyed and wrapped over 800 Easter eggs that you received at the Resurrection, AGAPE service and the annual Easter Lamb Roast; our Church musicians (Fr. Seraphim Dedes, Teresa Stavrides, Lee Hartley, Teddy Hart, Maureen Kontominas, Cecily Thompson, Kyle Thompson, Damaris Thompson, Catherine Shawki, George Shawki, Rosey Shawki, Veronica Shawki); our Altar Boys, especially the following Altar Boys who helped during many of the Services of Lent and Holy Week (Yanni Angelides, Rome Crocker, Noah Denderinelis, John Galakatos, Spiro Georges, Vassili Georges, Alex Gibbs, Tye Gibbs, Will Holt, Drew Jemas, Leo Martin, Evander Page, Nicholas Ray, Nicholas Salas, Yianni Scarpino, Blake Sorbello, Damian Thompson); Stephanie Glioumas for all the beautifully decorated icons for Holy Week services; the Parish Council members who helped move and set up the Kouvouklion late Holy Thursday night after the Service in preparation for Holy Friday; on Holy Thursday and Good Friday morning Jeanne Tompras, Kathy Ginos, Pat Lekich, Mary Angelides, Helen Demmas, Jenny Pappas, Tina & Chris Paradowski, and Mary Vidakis, lovingly adorned the Epitaphion and the candles used by the clergy, altar boys and handmaidens; special thanks to Linda Nicozisin for making new bows for the altar boy, handmaiden and priests' candles; Tony Sorocko for arranging the temporary street closure for the Holy Friday night outdoor procession; Amanuel Habtu who carried the Holy Cross in the Holy Friday procession outside, and Timothy Bouyoukos, Andrew Carey, Niko Dugan, Michael King, Chris Papadopoulos, and Nick Scarpino, who held up the Epitaphion on Holy Friday evening for all the faithful to walk underneath; the Handmaiden advisor Rosie Hartley; the Myrrh-bearing girls and Handmaidens, who served during Holy Week (Sophia Ray, Catherine Fitzmaurice, Elen Belay, Betelihem Belay, Eleni Martin, Elena Zerai, Cecelia McPherron, Delaney McPherron, Maria Kacso, Penelope Smith, Antonia Smith, Linda Katsiyannis, Marina Kondis, Amy Asfaw, Markella Souris); Helen Koskolos, Becky Tharenos and the ladies who make the prosfora, and Presvytera Christina Papulis who made the prosfora used for Holy Communion in all the Liturgies; Helen Carey, Vanessa Mezines, and Tommy Pappas who prepared the Anastasi Meal; Christina Ginos and her committee for the delicious Tsoureki bread and meatballs served at the Anastasi Meal; the ladies of Philoptochos for the AGAPE coffee reception; the ladies of Philoptochos for the koulouria served at the Easter celebrations; the co-chairs of the Easter Lamb Roast on Sunday afternoon at the Family Life Center (Mary Argyros, Carol Kamburis, Lauren Rowe, and Joe Palazzola); the lamb roasters (Joe Palazzola, Michael Palazzola, Demos Argyros, John Davis, Alex Davis, Naso Ginos, John Ginos, Amanuel Habtu, Yemane Habtu, Mike Pappas, Tom Pappas); Mary Anne Koch for the adorable Easter Egg Hunt at the Family Life Center during the Lamb Roast; Sandra Kamburis for the festive and irresistible candy table at the Easter Lamb Roast; the members of the Parish Council for their faithful dedication during Lent and Holy Week; the ladies of Philoptochos for their continued support; our greeter, Tony Sorocko, for providing additional security during Holy Week and Easter services; our Church Staff (Lisa Danko, Linda Nicozisin, Natasha Graham and DeAndre Scott), for all of their hard work at St. Nicholas Church and the Family Life Center; and last, but certainly not least, our beloved Father Doug Papulis and Father Michael Arbanas for being our source of spiritual guidance, love and strength.

**We thank you all for a wonderful Lent, Holy Week and Pascha!**

## St. Nicholas Servants

**2023 PARISH COUNCIL**

Helen Carey, President 314-750-0745  
 Carol Kamburis, Vice President  
 Deb Palazzola, Secretary  
 George Ellis, DDS, Treasurer  
 Christina Stamelos, Assistant Treasurer  
 Adonis Chakides  
 Niko Georges  
 Zac Holt  
 Marilyn Jemas  
 William Mastorakos, DDS, MS  
 Bill Nicozisin  
 Jim Rigas  
 Chris Sarantakis  
 Jim Sorbello  
 Kyle Thompson

**AUDIT COMMITTEE**

Mark Vleisides, Chairperson 314-576-2898

**CEMETERY COMMITTEE**

Bill Karides, Chairperson 314-422-1968  
 Tina Paradowski

**DANCE TROUPE**

Georgia Johnson 314-832-0061

**ELECTION COMMITTEE**

Mark Vleisides, Chairperson  
 Liz Glynnias  
 Paul Leara  
 Pat Lekich  
 Demmie Nicozisin

**FINANCE COMMITTEE**

Dan Tarlas, Chairperson 314-713-5500

**GREETERS COMMITTEE**

Lyndia Finer, Chairperson 314-960-3384

**LIBRARY COMMITTEE**

Elaine Coulson, Chair-[sngoclibrary@gmail.com](mailto:sngoclibrary@gmail.com)

**"THE NEXT 100"**

Dan Tarlas, Chairperson 314-713-5500

**PHILOPTOCHOS**

Christina Ginos, President 314-504-6988

**PHYSICAL FACILITIES -CHURCH**

Dino Pappas, Chairperson 314-707-8118  
 Jonathan Hartley  
 Tony Sorocko

**PHYSICAL FACILITIES -FLC**

Nick Tharenos, Chairperson 314-576-7011  
 Jonathan Hartley  
 Tony Sorocko

**PLANNED GIVING COMMITTEE**

Christina Anastas 314-647-4636  
 Basil Pappas 314-368-6026  
 Leon Spanos 314-966-5176  
 Chris Varvares 314-374-3647

**PRISON MINISTRY**

Clark Porter, Director 314-518-6747

**SCHOLARSHIP COMMITTEE**

Peter Takes, Chairperson 314-503-0358  
 Amanuel Habtu  
 Deb Palazzola

**STEWARDSHIP COMMITTEE**

Fr. Doug Papulis  
 Fr. Michael Arbanas  
 Mary Ann Mastorakos, Chairperson  
 George Ellis, DDS  
 Teddy Hart  
 Rosie Hartley  
 Marilyn Jemas  
 Christina Stamelos

**CHURCH SCHOOL Director**

Lexie Dendrinelis-[sngocchurchschool@gmail.com](mailto:sngocchurchschool@gmail.com)

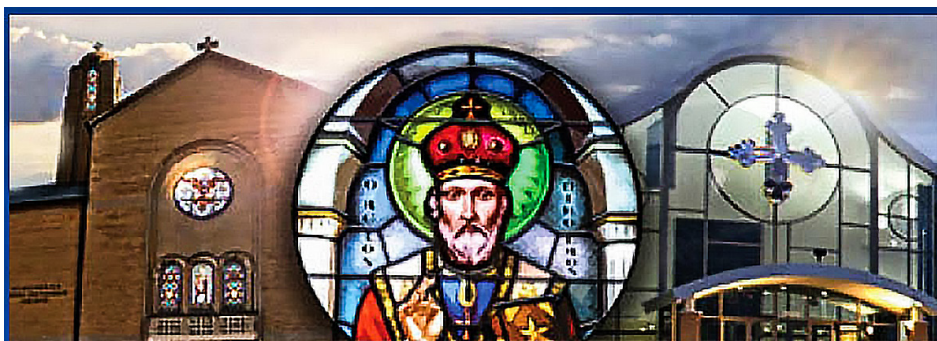
**WEBSITE**

Christina Stamelos 314-402-4996

**May 29 Memorial Day****9 am Memorial Service****Veterans' Memorial Pavilion****St. Matthew's Cemetery**

There will be no individual graveside memorial services this year, if you would like your departed loved ones memorialized with the Veterans, please email their names to [ldanko@sngoc.org](mailto:ldanko@sngoc.org) or deliver to either Church office

**\*The Memorial Service will be recorded and sent to the parish for viewing on Memorial Day\***

**"Double My Donation"**

For every dollar donated to "Double My Donation 2023," an anonymous generous donor will match dollar for dollar - up to \$250,000 directly towards the principal of our loan.

**No donation is too SMALL or too LARGE!  
 TOGETHER we can make a difference!**

**St. Nicholas Dancer Schedule**

**Practice Every Sunday**

**Except: Mother's Day and Father's Day  
 Memorial Weekend and Holy Theotokos**



<b>ARIADNE Dancers</b>	<b>(6-8 years old)</b>	<b>3:30-4:30</b>
<b>GARAGOUNA Dancers</b>	<b>(9-12 Years old)</b>	<b>4:30-5:30</b>
<b>SOULI Dancers</b>	<b>(19 years and up)</b>	<b>5:30-6:30</b>
<b>CARIATIDES Dancers</b>	<b>(13-18 years old)</b>	<b>6:30-7:30</b>

**ALL PRACTICES WILL TAKE PLACE AT CHURCH**

**\*Please Contact Georgia Johnson with any questions at: [georgiadances@gmail.com](mailto:georgiadances@gmail.com)**





## *President's Notes May 2023*

Dear St. Nicholas Family,

Christos Anesti! It was a blessing to have celebrated the resurrection of our Lord and Savior Jesus Christ as a family. Our beautiful St. Nicholas filled with our parishioners was a joyous sight.

Sincere gratitude to our Philoptochos Ladies who graciously hosted our Palm Sunday meal, as always the event was flawless, thank you to Christina Ginos, Carol Kamburis, Chris Anastas, and their committee for this beautiful event.

Thank you to our devoted floral team: Jeanne Tompras, Kathy Ginos, Patricia Lekich, Cecily Thompson, Stephanie Glioumas and their committee for the decorations of the kouvouklion and icons. Our church was stunning!

Our Easter Lamb Roast was a huge success with our families celebrating together. Thank you to Carol Kamburis, Lauren Rowe, Mary Argyros and Joe Palazzola and the entire Lamb Roast Committee for their hard work in making this event wonderful.

Congratulations to all our Sunday School Students and their Teachers for participating in the Oratorical Festival. Special gratitude to Renee Vleisides for Chairing this event and to Denise Karras, Lisa Danko, Bess Fitzmaurice and Lexie Dendrinelis for their countless efforts in making this a huge success.

If you have not already done so, please consider donating to the "Double My Donation" campaign. Last year, through this gracious campaign we were able to apply \$500,000 directly to our mortgage. Our donor has graciously offered to do this match again this year. Our donor will match up to \$250,000 of NEW donated money to be applied directly to the debt. This campaign will continue to end of the year. Remember no donation is too small or too large!

We are finally making progress on our long awaited projects. The church now has 3 new roofs, new gutters, and new front doors and windows. Thank you for your patience as we worked through these tasks. We are now waiting for the west side of church to be waterproofed so that we may begin to obtain bids to repair the falling plaster and drywall throughout the church. A building of this age has an endless list of repairs. We address them according to need and funds.



Preparation is in full swing for our annual Taste of the Greek Festival July 22 & 23 and the 106th annual Greek Festival over Labor Day weekend. We are grateful to our organizers and leaders that work so very hard to ensure the success of our festivals. We are all so proud to have worked hard to make this the largest ethnic festival in the Midwest. The festival is vital to our budget, we hope that everyone can find an hour or two to help with the baking and prep – and of course, to volunteer at the events!

As always, please know your questions and comments are welcomed and encouraged.

In Christ's Work,  
Helen Yiatras Carey



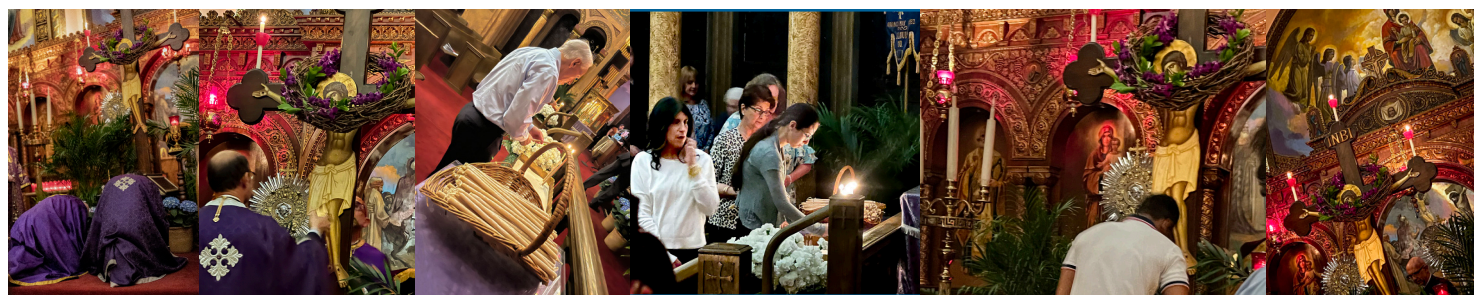


# Holy Week at St. Nicholas





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# Holy Week at St. Nicholas





# Thank you to our Lent and Holy Week 2023 Donors

Daffodils for Sunday of the Cross-*Donated by Varvares-Hart Family*

*in blessed memory of Mary Varvares*

Palm Tree Plants for Palm Sunday-*Donated by Scott Davenport; Christina and Tom Ginos*

Palm Sunday Crosses-

Palm Sunday Icon Flower Arrangement-

Lilies for Epitaphion-*Donated by the Family of Florence and Frank Mastis,*

Hydrangeas for Holy Week and Easter- *The Appel, Shisko and Holt Families*

*in memory of Thomas Shisko*

Hertismoi (Friday night) Candles-*Donated by Sophia Chronopoulos and Family*

*in memory of Christos and Nota Chronopoulos*

Incense-

Palm Sunday Bay Leaves-

Palm Sunday Greenery-In Loving Memory of Pete and Sandy Martin

Altar Candles for Holy Week Services:

Palm Sunday- *Donated by Sophia Chronopoulos & Family*

Holy Monday-*Donated by Sophia Chronopoulos & Family*

Holy Tuesday-*Donated by Sophia Chronopoulos & Family*

Holy Wednesday-*Donated by Sophia Chronopoulos & Family*

Holy Thursday-*Donated by Sophia Chronopoulos & Family*

Good Friday- *Donated by Sophia Chronopoulos & Family*

Holy Saturday-*Donated by Sophia Chronopoulos & Family*

Flowers for the Icon of the Bridegroom (Nymphios)-

Cotton Balls, Flour & Olive Oil for Holy Wednesday Holy Unction--*Donated by the Kamburis Family*

*in memory of Tharinos and Kyriaki Patakas*

Holy Thursday Icon Flower Arrangement for Divine Liturgy-

Holy Thursday Icon Flower Arrangement for Service for 12 Passion Gospels-

Holy Thursday 6 Gospel Candles- *Donated by Mitry Anderson and Julie Evancho*

Holy Thursday 6 Gospel Candles- *Donated by Mike and Kathleen Tetradis in memory of Ronald Hedgecock*

Holy Thursday Service Candles for Cross- *Donated by Irene Demmas Schildroth in memory of her loved ones.*

Holy Thursday Service Wreath- *Donated by Andrea, George and Vanessa Mezines and Cassandra and Ryan Smith*

*in memory of Victoria Peppes*

Good Friday Sheet for Body of Christ-*Donated by the family of Mary Rupi in her memory*

Good Friday Icon Flower Arrangement for Royal Hours- *Donated by Milene Zheleva*

*for the health of her family*

Good Friday Icon Flower Arrangement for The Descent from the Cross-

Good Friday Icon Flower Arrangement for The Lamentations (Epitaphion)-*Donated by the*

*Morris Family In Honor of Harry and Litsa Athanas*

Good Friday Epitaphion Candles (eight)- *In Loving Memory of Angelo, Spiros, Krisanthe and*

*Gerasimos Viachos*

*- Donated by Olga Salas*

Good Friday White Carnations-

Anthonero (Rosewater)-*Donated by Rosie Hartley in memory of her parents*

Holy Saturday Icon Flower Arrangement for Divine Liturgy -

Holy Saturday Resurrection Candles for Priests (two candles)-*Donated by Bill, Linda & Katerina Nicozisin*

*in memory of Frank & Rose Zirbas and Gus Nicozisin*

Holy Saturday Icon Flower Arrangement for Resurrection Service-*Donated by Christina & Tom Ginos*

*in memory of their Mothers*

Holy Saturday Floral Cross for Resurrection Service-*Donated by Mary Jane Thomas*

*in memory of Katherine Rutter and Anna Siromas*

Holy Saturday Resurrection Banner- *Donated by Fr. Doug & Pres. Christina Papulis in memory of George Dedes*

Agape Service Icon Flower Arrangement-

Olive Oil (for votive lights)-*Donated by the Kamburis Family*

Resurrection Meal Donations-

Easter Eggs-*Donated by Dino Benos*

## Additional Donations:

Candles - *Donated by Terry and Jim Demos*





## Philoptochos Corner- May 2023

**Christos Anesti! Christ is Risen!** – Thank you to the many Ladies of St. Nicholas Philoptochos who worked tirelessly during Lent, Holy Week, and Easter. Our members helped plan, cook, set up, clean up, decorate, and much, much more. May God continue to bless us with health in our hands and love in our hearts.

**Palm Sunday Brunch** – A special thank you to Christina Ginos, Carol Kamburis, Chris Anastas and all the Ladies of St. Nicholas Philoptochos for hosting a beautiful Palm Sunday Brunch. Guests enjoyed an elegant event – complimentary mimosas, delicious traditional & gourmet omelet buffets, coffee bar, festive spring décor, children's buffet & entertainment. This has become a wonderful tradition at the start of Holy Week.

**Reception after AGAPE Service on Easter Sunday** – Thank you to Lexie Dendrinelis and her committee for hosting the annual AGAPE Coffee Reception on Easter Sunday.

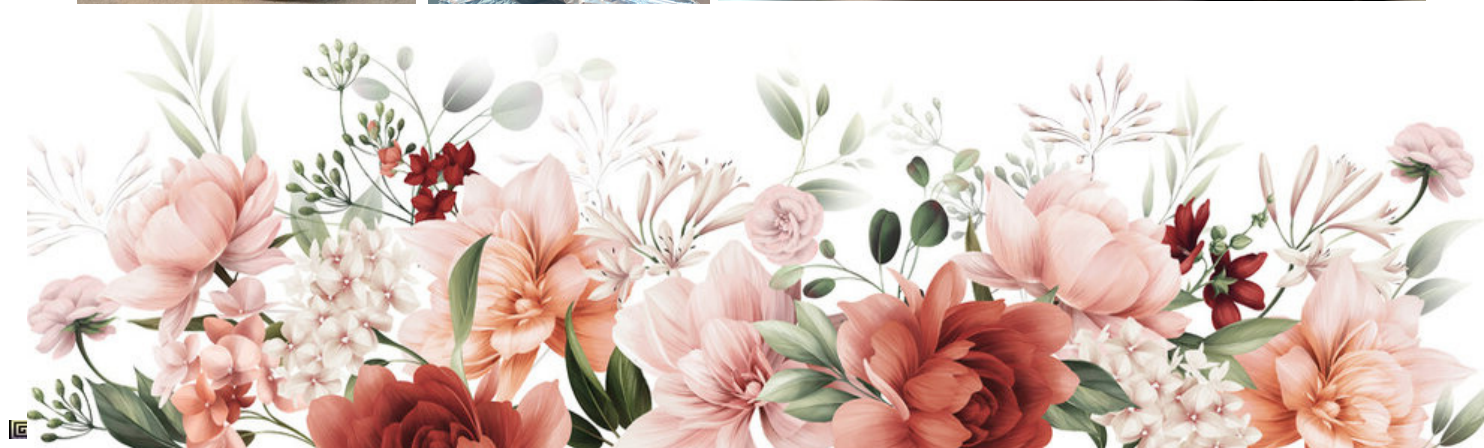
**Kendra Gives Back Party** – Friday, May 5th – Join us for a Kendra Gives Back Party on Friday, May 5th from 5 pm to 7 pm – Kendra Scott at Plaza Frontenac. 20% of the proceeds benefit St. Nicholas Philoptochos Society.

**General Meeting to Elect Board of Directors – Thursday, May 18th** – Please join us for dinner at 6:00 p.m. at the Family Life Center for our general meeting as we welcome a guest from one of our charity spotlights and elect our new Board of Directors for the 2023-2025 term. All candidates seeking election to the Board of Directors must qualify in accordance with the Philoptochos Bylaws. To be qualified for election to the Board of Directors, the member must have been a member in good standing of the Parish and the Chapter for a period of at least one year prior and must have attended a minimum of four meetings held in the year previous to the election. Please RSVP to Sandra Kamburis at skamburis@hotmail.com or 314.952.9958

**Grecian Kitchen Orders** – Remember our Grecian Kitchen is open all year round! We continue to offer baklava, spanakopita, tiropita, galaktoboureko, pastitsio, OPA Salad Dressing, and our fabulous Hellenic Cuisine Cookbook. These items make great gifts and can be kept in the freezer and used for last minute dinner parties Contact Dianne Zotos at 636.541.0708.

### Calendar of Events:

Thursday 5/4 – Board Meeting (FLC)  
Friday 5/5 – Kendra Gives Back Party  
Kendra Scott-Plaza Frontenac  
Thursday 5/18 – General Meeting to Elect  
Board of Directors (FLC)







## St. Nicholas Philoptochos

*joins*

Kendra Scott  
Friday, May 5th / 5-7 p.m.  
Plaza Frontenac  
1701 S. Lindbergh Blvd.  
St. Louis, 63131

Shop in-store or online and 20% of  
your purchase will be given back to  
St. Nicholas Philoptochos

Unable to make it in-store on May  
5th? Stop by anytime May 4th and  
mention St. Nicholas Philoptochos  
or buy online using the code:

**GIVEBACK - DXQIO**

## St. Nicholas SUNDAY SCHOOL PICNIC

Sunday, June 4<sup>th</sup>

St. Nicholas Greek Orthodox Church  
11:30 am following Divine Liturgy

Celebrate the end of another successful  
Sunday School year! Complimentary for all  
parishioners - please join us!

Enjoy delicious food, drinks and sweet treats.  
There will be fun & games for the children!





*Kindly respond by May 15<sup>th</sup> by mailing to:*  
*Carol Kamburis*  
*1211 Bedford Falls Ct, Ballwin, MO 63021*

*Guest name(s):*\_\_\_\_\_

○ *Enclosed is my reservation for \_\_\_\_\_at \$30 per adult and \_\_\_\_\_at \$10 per child (12 & under)*

○ *We would like to make a donation of \$\_\_\_\_\_*  
*to the St. Nicholas Endowment Fund in Honor of Father Michael Arbanas*

○ *Check enclosed payable to: Saint Nicholas Greek Orthodox Church*

○ *Credit Card number*\_\_\_\_\_ *Exp:*\_\_\_\_\_ *CVV:*\_\_\_\_\_

*Name:*\_\_\_\_\_

*Street/City/Zip:* \_\_\_\_\_

*Phone number:*\_\_\_\_\_





Dear St. Nicholas Family & Friends,

We are gearing up for our Annual Labor Day Festival and Taste of the Festival in July. We need your continued support with volunteering your services, even if its only for an hour or two. Last year we had a great response from our young adults – Many Thanks for your help! We hope you can join us again in continuing to learn the skills of our parents and grandparents.

Please feel free to contact a member of the Festival Food Team below with any questions regarding the schedule.

Thanks,

***Teddy Hart – 314.914.7711, Peggy Pierrousakos – 636.795.5894 or Dianne Zotos – 636.541.0708***  
***Your Festival Food Team***

May –

Monday, 5/15 at 8:00 a.m. – St. Nicholas – Galaktoboureko Assembly

Monday, 5/22 at 8:00 a.m. – St Nicholas – Salad Dressing Cups for our Greek Salads

Wednesday, 5/24 at 8:30 a.m. – St. Nicholas – Salad Dressing Bottles

June –

Thursday, 6/01 at 8:00 a.m. – St. Nicholas – Philoptochos Pastitsio

Friday, 6/02 at 8:00 a.m. – St. Nicholas – Philoptochos Pastitsio

Monday, 6/19 at 8:00 a.m. – St. Nicholas – Spanakopita Assembly (if needed to finish)

Friday, 6/23 – at 1:00 p.m. – St. Nicholas – Lamb Shanks

Saturday, 6/24 at 7:00 a.m. – St. Nicholas – Lamb Shanks

July –

Monday, 7/10 at 8:00 a.m. – St. Nicholas – Koulouria

Tuesday, 7/18 at 8:30 a.m. – Family Life Center – Pastries Assembly for Taste of the Festival

Monday, 7/31 at 8:00 a.m. – St. Nicholas – Koulouria

***See you there!***





I have this feeling that we're forgetting something important.



Did we send in our Stewardship form for 2023 yet? It's not too late.

[sngoc.org](https://sngoc.org) > giving > 2023 Pledge Form or call 314.361.6924 for information



"The Orthodox Mission Team of St. Louis works to nurture an awareness within our local churches of the need to evangelize, catechize, and support missionary efforts and programs globally."



## Training Future Clergy, Missionaries in Guatemala

"We came to listen to the requests of our church partners and learn how we can continue to help build vibrant, local Eucharistic communities in the country," said Fr. Rob Spaliatsos, new Missionary Director at the Orthodox Christian Mission Center (OCMC), of his recently-concluded trip to Guatemala with Executive Director Fr. Martin Ritsi and Projects & Grants Manager Santhe Loizos.

"The San Andres Seminary is needed to train future clergy in Guatemala and elsewhere in Central America. It will also serve as a center for training catechists who will help share Orthodoxy in their local communities. And, of course, we hope to develop more missionaries who are needed to serve here and around the world."

While OCMC is funding the seminary, the construction labor has been provided entirely by local Orthodox communities.



Fr. Evangelos, Fr. John Chakos, and local clergy showing OCMC the progress on the seminary.



OCMC staff and missionaries joined hundreds of faithful for Divine Liturgy which took place at the San Andres Seminary.

As always, please feel free to contact Rosie Hartely, 618-447-9688 if you have any questions, would like to be part of the Mission Team St. Louis, or if you would like to help our missionaries.

Thank you for your continued support!





Greek Orthodox Metropolis of Chicago  
2023 Junior Olympics

May 26-29 2023

Palos Hills, Illinois

A weekend of friendly competition, fellowship and worship together with young people from parishes throughout the Midwest. Sports are available for kids ages 7-18, including 2023 high-school graduates.

Soccer

Table Tennis

Softball

Backgammon

Tennis

Track & Field

Checkers

Swimming

Basketball

Chess

Volleyball

- The bus leaves the Family Life Center on Friday, May 26 at 3 p.m.
- Lodging will be at the Crowne Plaza Burr Ridge.
- Arriving back at the FLC late Monday afternoon.

For information and registration materials, please contact  
Carmen Sorbello at [jimcarm99@prodigy.net](mailto:jimcarm99@prodigy.net).

**Registration deadline is May 8; please register now!**

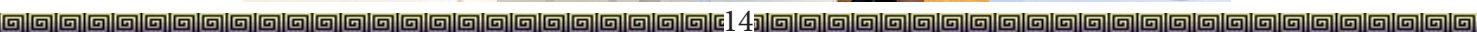




St. John Chrysostom Oratorical & Fine Arts Festival



FANARI St. Nicholas Family Life Center April 1, 2023 REGIONAL LENTEN RETREAT





## Orthodox Young Adults

Please join us for an Orthodox Young Adults (for ages after college-30's) night of fellowship, discussion and faith on **Tuesday, May 9 at 7 pm via Zoom**. All young adults are welcome! We will be meeting via Zoom on the second Tuesday of every month. For the Zoom link and for any questions, please contact Gracie Livaditis at [glivaditis251@gmail.com](mailto:glivaditis251@gmail.com)

### Women's Faith Group

The Women's Faith Group meets monthly (excluding July and August) to learn about the Orthodox Christian Faith and how to live the Faith throughout one's life. Scripture and various books authored by Orthodox Christians are read and discussed for enrichment, enlightenment, and encouragement to live a Christ-like life.

*"being transformed from glory to glory" (2 Corinthians 3:18).*

*Join us Tuesday, May 9 and May 23, 10 am at the Family Life Center!*

*Currently we are studying the New Testament*



*The Kids Crew Is Now Forming!*  
*Good Kids Doing Good Things For Their Church!*



*To Join The Next Generation Of Leaders For St. Nicholas*  
*Contact Marilyn Jemas - [marilynnjemas@gmail.com](mailto:marilynnjemas@gmail.com)*  
*or Maggie Jemas - [mmjemas@gmail.com](mailto:mmjemas@gmail.com)*





## MEMORIAL DONATIONS



### THE NEXT 100

#### GENERAL FUND

##### *In Memory of Mary Carol Efthim*

Bart and Margie Howell  
Paul and Helen Leara

##### *In Memory of Georgia Prstojevic*

Cynthia and Andrew Orf

#### GENERAL FUND (continued)

##### *In Memory of Demosthenes Stavrides*

Pete and Teresa Stavrides

##### *In Memory of Martha K. Antonopoulos*

Sarah and Michael Antonopoulos

##### *In Memory of Mary Carol Efthim*

Mary C. Mastorakos

##### *In Memory of Georgia Prstojevic*

Jeanne Tompras  
George and Kim Tarlas

## PARISH LIFE

### MEMORIALS

†	3-month memorial for Kon Vellios	March 26
†	1 year memorial for Pete Martin	April 2
†	1 year memorial for Raytio Norris	April 2
†	2 year memorial for William Vellios	March 26
†	3 year memorial for Keiriaky Martin	April 2
†	5 year memorial for Mulugheta Sebhatu	March 26



### 40 Day Blessings

Michaela, Daughter of Hannah and Thomas Sandbrink was Blessed and Churched on March 26. Congratulations!

## St. Nicholas Prison Ministry

# 2023 Annual Family Day

Your Support is Needed to strengthen family bonds between incarcerated fathers and their children by providing:

- Family visits for children to their incarcerated fathers.
- Help for fathers to become reacquainted with their children.
- A way for fathers to reaffirm commitment to their children.
- Parental resources to the fathers and caregivers.



With your generous support, the prison ministry will be able to take 60 children and their caregivers to the Federal Prison, FCI Forrest City located in Arkansas, providing their transportation, lodging and food at no expense to the families.

## Our Goal is \$2500 by June 11

We appreciate your support.





Dear St. Nicholas Parish Family,

In an effort to communicate the status of our loan for the St. Nicholas Family Life Center & renovations to St. Nicholas Church, below is a condensed timeline to recap the past 20 years.

1999: Purchased 10 acres in Town & Country for \$2,500,000

2003: Retired the land loan for a total of \$3,200,000

2010: First St. Nicholas Capital Campaign raised \$4,000,000 in pledges and construction began on the St. Nicholas Family Life Center as well as the renovations at St. Nicholas at Forest Park

Total cost to complete construction of the St. Nicholas Family Life Center and major renovations to St. Nicholas Church on Forest Park of \$8,500,000

2012: Signed loan documents for \$5,855,024

2015: Refinanced to a lower 3% interest municipal bond loan of \$5,273,184

2020: Extended our current municipal bond loan for 5 years at the same 3% interest rate and continuing the same amortization schedule

2021: As of April 1, 2023, our current loan amount is \$ 2,535,610.2392. Our monthly mortgage payment is \$25,500

We have made significant strides towards paying off our debt. Thank you for your continued love and dedication to our Parish.

Sincerely,

Helen Carey, President

## Ways to Give: Qualified Charitable Distributions

A Qualified Charitable Distribution (QCD) allows individuals who are 70½ years old or older to donate up to \$100,000 total to one or more charities directly from a taxable IRA instead of taking their required minimum distributions.

- It's a smart way for individuals who don't/can't tax benefits from their charitable donations.
- QCDs are not included in taxable income.
- QCDs satisfy RMDs without increasing adjusted gross income, thus lowering or eliminating Social Security benefit taxation, Medicare premiums, alternative minimum tax, 3.8% investment surtax and medical expense deductions, or being bumped to a higher marginal tax bracket.



If you have questions or would like to donate appreciated securities, mutual funds, or make QCDs, please contact the church office. We also recommend that you consult your Financial/Tax Advisors for additional information



# May 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4 10 am Kafeneio Family Life Center	5 5-7 pm <i>Kendra Gives Back</i> St. Nicholas Philoptochos and Kendra Scott Plaza Frontenac	6
7 <i>Sunday of the Paralytic</i> 8:15 Orthros & 9:30 am Divine Liturgy at Church Sunday School Fellowship Coffee Hour Greek Dancers Practice 5 pm GOYA at Meeting at FLC	8	9 10 am Women's Faith Group Family Life Center  7 pm Orthodox Young Adults via Zoom	10 7am Men's Fellowship Family Life Center?Zoom	11	12	13 8 am Galo Mixture/Melt Butter St. Nicholas Church
14 <i>Sunday of the Samaritan Woman</i> 8:15 Orthros & 9:30 am Divine Liturgy at Church Sunday School Fellowship Coffee Hour	15 8 am Galo Assembly St. Nicholas Church	16	17 7 am Men's Fellowship Family Life Center/Zoom	18 6 pm Philoptochos Election/General Meeting Family Life Center	19	20 <i>Vespers</i> Sts. Constantine and Helen Swansea, Illinois
21 <i>Sunday of the Blind Man</i> 8:15 Orthros & 9:30 am Divine Liturgy at Church Sunday School Fellowship Coffee Hour <i>Fr. Michael's 25th Ordination</i> <i>Anniversary Luncheon</i> 3:30 pm St. Nicholas Dancers	22 8 am Salad Dressing Cups St. Nicholas Church	23 10 am Women's Faith Group Family Life Center	24 7 am Men's Fellowship Family Life Center/Zoom  8:30 am Salad Dressing Bottles St. Nicholas Church	25 <i>Holy Ascension</i> 9:30 am at Family Life Center Chapel	26	27  Junior Olympics Palos Hills, Illinois
28 <i>Fathers of the First Council</i> 8:15 Orthros & 9:30 am Divine Liturgy at Church 8:15 Orthros & 9:30 am Divine Liturgy at Church Sunday School Fellowship Coffee Hour Junior Olympics Palos Hills, Illinois	29 Memorial Day 9 am Memorial Service Veterans' Memorial Pavillion St. Matthew's Cemetery  Junior Olympics Palos Hills, Illinois	30	31 7 am Men's Fellowship Family Life Center/Zoom			

**St. Nicholas Greek Orthodox Church**  
4967 Forest Park Avenue  
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